

CLAIMS

WHAT IS CLAIMED:

1. A method of treating a person experiencing an alcohol induced hangover comprising administering a therapeutically effective amount of methylsulfonylmethane to the person experiencing an effect of an alcohol induced hangover.
2. The method according to claim 1, wherein said therapeutically effective amount of methylsulfonylmethane comprises approximately 0.06 ounces.
3. The method according to claim 1, wherein said therapeutically effective amount of methylsulfonylmethane is mixed with a liquid prior to said administering to the person experiencing an effect of an alcohol induced hangover.
4. The method according to claim 3 wherein said liquid comprises a water or a juice.
5. The method according to claim 1, wherein said therapeutically effective amount of methylsulfonylmethane is administered orally.

6. The method according to claim 5, wherein said therapeutically effective amount of methylsulfonylmethane is administered as a solid oral dosage form comprising a tablet or a capsule.

7. The method according to claim 6, further comprising the step of packaging said solid oral dosage form in a bottle, blister pack, box or carton.

8. The method according to claim 1, further comprising the step of packaging an amount of methylsulfonylmethane in a packet, package or envelope.

9. A method of preventing an alcohol induced hangover in a person comprising administering a therapeutically effective amount of methylsulfonylmethane to the person prior to the person's consumption of alcohol:

10. The method according to claim 9, wherein said therapeutically effective amount of methylsulfonylmethane comprises approximately 0.06 ounces.

11. The method according to claim 9, wherein said

therapeutically effective amount of methylsulfonylmethane is mixed with a liquid prior to said administering to the person prior to the person's consumption of alcohol.

12. The method according to claim 11, wherein said liquid comprises a water or a juice.

13. The method according to claim 9, wherein said therapeutically effective amount of methylsulfonylmethane is administered orally.

14. The method according to claim 13, wherein said therapeutically effective amount of methylsulfonylmethane is administered as a solid oral dosage form comprising a tablet or a capsule.

15. The method according to claim 14, further comprising the step of packaging said solid oral dosage form in a bottle, blister pack, box or carton.

16. The method according to claim 9, further comprising the step of packaging an amount of methylsulfonylmethane in a packet, package or envelope.